

6.5 FOOD & DRINK

- Varied and nutritious snacks are provided during sessions. All staff members have their Food Safety Certificates.
- We use lunch and snack times to help children to develop independence through making choices, serving food and drink and feeding themselves.
- Fresh drinking water is available at all times. We inform the children about how to obtain the water and that they can ask for water at any time during the day.
- In order to protect children with food allergies, we discourage children from sharing and swapping their food with one another.
- If a child brings a packed lunch, information can be provided on food storage safety and appropriate food content.
- If a child brings grapes or tomatoes in their packed lunch, these need to be cut length ways into smaller pieces to prevent the child from choking.

This policy was adopted by: Teddy Bears Pre-School

On: 19th February 2015 and updated 1st November 2015

Review date: November 2016

Signed on behalf of provider: Signed 10th December 2015

Name of signatory: Karen Ashcroft

Role of signatory: Chair